

## SPEAKERS

**Lord Alderdice**, a psychoanalytical psychiatrist and politician who works at researching and resolving politically-motivated violence around the world.

**Patrick Bade**, Art historian and senior lecturer at Christies Education, has published extensively on visual arts and music. Author of *Music Wars 1937-1945*.

**Major Guy Booth**, Director of the Band of the Adjutant General's Corps.

**Karen Diamond**, Head Music Therapist, Northern Ireland Music Therapy Trust.

**Kira Vibe Jespersen**, clinical psychologist and music therapist, researching the impact of music on sleep, at the Center of Functionally Integrative Neuroscience, University of Aarhus, Denmark

**Stephen Johnson**, Writer, Music Journalist and Broadcaster, regular presenter of BBC Radio 3's "Discovering Music," his publications include works on Bruckner, Mahler and Wagner.

**Professor Morten Kringsbach**, Senior Research Fellow, Department of Psychiatry, Oxford, Professor of Neuroscience at Aarhus University, and Co-Director of the Scars of War Foundation.

**Hugh McManners**, Director of Oxford University's Scars of War Foundation, researching the cognitive neuroscience of the effects of war.

**Lt Col Bob Meldrum MBE**, Principal Director of Music (Army), responsible for all aspects of music delivered by 42 Army bands at home and abroad.

**Jemima Montagu**, independent curator and co-director of Culture+Conflict, an organisation promoting the role of arts and culture in areas of conflict and post-conflict around the world.

**Lis Murphy**, Artistic Director and Founder of Musicians without Borders in the UK, creating music for positive change with war and torture survivors.

**Nigel Osborne**, Composer and pioneer in the use of music therapy to help children traumatized by war.

**Alberto Portugheis** international pianist and peace worker, nominated in 2008 for the Nobel Peace Prize.

**Ian Ritchie**, Director of the City of London Festival, Artistic Director of Setúbal Music Festival, Visiting Professor at London Met University.

**Ben Shephard**, Visiting Research Fellow at Oxford University and author of a history of military psychiatry, *A War of Nerves*.

**Ann Sloboda**, music therapist and psychoanalyst, Head of Music Therapy at the Guildhall School of Music & Drama.

**Dr Julie Sutton**, Music psychotherapist, Trustee of the British Association for Music Therapy, expert on psychological trauma and musical processes in music therapy.

**Professor Sir Simon Wessely** Head of Department of Psychological Medicine at the Institute of Psychiatry, King's College London, Director of the King's Centre for Military Health Research.

**Emmanuela Yogolelo**, Gospel singer, song-writer and music workshop leader from DR Congo and member of Beating Wing Orchestra.

**The Musical Brain** is a registered charity which brings together artists, scientists, teachers, therapists and the public to examine the effects of music and other art forms upon the human mind, brain and body.

Who should attend? Musicians, scientists, medical professionals, therapists, teachers, researchers, music lovers, artists, composers, writers, thinkers... in fact anyone with an interest in Arts, Science & the Mind!



Certificates of hours of attendance for CPD or portfolio purposes can be provided on request.

## The Musical Brain® Arts, Science & the Mind

Registered Charity Number: 1135554

The Musical Brain, 32a Halford Road, Richmond TW10 6AP

✉ [hilary@themusicalbrain.org](mailto:hilary@themusicalbrain.org) · ☎ 0208 404 1327

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# The Musical Brain Arts, Science & the Mind

## 2013 CONFERENCE

## Worlds in Collision: *Music and the Trauma of War*



*Throughout recorded history music has accompanied soldiers marching to war, but it has also mourned their loss and attempted to help survivors come to terms with the devastation that ensues.*

*Musicians, psychiatrists, neuroscientists, historians, soldiers, music therapists and arts practitioners address the relationship between art and war over two days of lectures, discussion and performance.*

Conference leaders: **Nigel Osborne & Stephen Johnson**

Artistic Director: **Ian Ritchie**

With **The Band of the Adjutant General's Corps**,  
**The Royal Artillery Band**, Captain **Craig Hallatt** director,  
**Adrian Thompson** tenor

**Friday 28th/Saturday 29th June 2013**  
The Mansion House, London EC4N 8BH

Friday 28th June Conference leader Nigel Osborne

## The Application of Music to the Trauma of War

9.00 Registration, coffee and music by **The Band of the Adjutant General's Corps**

10.00 Introduction/Music and Trauma *Nigel Osborne*

**The Band of the AGC's most recent work in Afghanistan**  
*Major Guy Booth and Band musicians*

**Researching the cognitive neuroscience of the effects of war**  
*Hugh McManners and Professor Morten Kringelbach*

**Music as a tool for improving sleep in post-traumatic stress disorder**  
*Kira Vibe Jespersen*

**Music Therapy for children affected by conflict in Northern Ireland**  
*Karen Diamond*

**Creative songwriting as Music Therapy: How to create a song**  
*Nigel Osborne*

**Shell Shock: A Historical Perspective** *Ben Shephard*

**Post-Traumatic Stress Disorder** *Professor Sir Simon Wessely*

**Music Therapy in the theatres of war: from Northern Ireland to Bosnia and beyond**  
*Dr Julie Sutton introduced by Lord Alderdice*

**Music Therapy and the treatment of trauma related to conflict**  
*Ann Sloboda*

### PANEL DISCUSSION *Is Creativity Therapeutic?*

Chaired by Nigel Osborne, with Professor Morten Kringelbach, Ben Shephard, Simon Wessely and Major Guy Booth

– Conference day ends at 6pm –

**NB: 6.30–8.30pm** at the **Guildhall School of Music & Drama**  
**Experiential Music Therapy workshop with Ann Sloboda** (limited to 20  
– call 0208 404 1327 to reserve a place)



**Adrian Thompson**, tenor, an artist of extraordinary versatility with a wide-ranging opera, concert and recital repertoire. Professor of Vocal Studies at the Guildhall School of Music & Drama.



**Anna Tilbrook**, piano, is one of Britain's most exciting young pianists and chamber musicians, performing regularly at Europe's major concert halls and festivals.

Saturday 29th June Conference leader Stephen Johnson

## The Response of Music to the Experience of War

– Armed Forces Day 2013 –

10.00 Registration and coffee

10.45 Introduction

**The Drums of War** *Stephen Johnson*

**How music has been, and is used to propagate war** *Alberto Portugueseis*

**Music That Changed Sides** *Patrick Bade*

**Military Music's Effect in Operational Theatres** *Lt Col Bob Meldrum*

**Artistic responses to conflict in different cultural contexts**  
*Jemima Montagu, Lis Murphy, Emmanuela Yogolelo*

**War poetry and songs of the 20th century** *Stephen Johnson with Adrian Thompson, tenor and Anna Tilbrook, piano*

**Pre-concert talk in the Egyptian Hall**  
*Stephen Johnson with Nigel Osborne, Ian Ritchie and musicians*

6.00 Concert in the Egyptian Hall

**The Royal Artillery Band**  
**Adrian Thompson**, tenor  
**Captain Craig Hallatt**, director

Music for military band: Songs by **George Butterworth** and **Ivor Gurney** arr. **Nigel Osborne** (world première), **Karl Jenkins**, **Hermann König**, **Philip Sparke**, **Rob Wiffin**

– Concert ends at c.7.45pm –



**The Royal Artillery Band**, formed in 1762, is the oldest established orchestra in Great Britain. They perform both at home and abroad.

## BOOKING FORM

Name .....

Email .....

Phone .....

Postal address .....

..... Postcode .....

2-day: £160 Number

Friday only: £95 Number

Saturday only: £95 Number

Student 2-day: £75 Number

Student Friday: £40 Number

Student Saturday: £40 Number

Total amount

Payment by: Credit card  · Debit card  · Cheque

(Cheques should be made payable to The Musical Brain)

Card type .....

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Card number .....

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Security number .....

Issue number (if applicable) .....

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